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The DREAMS Foundation Quarterly Newsletter

DEMETRA AND RODNEY REID EDUCATION AND MEDICAL SUPPORT (DREAMS) FOUNDATION

The DREAMS Foundation (Foundation) was established nearly three years ago to commemorate Dr. Albert and Catherine Reid as well as J. Morgan and Jainie Gray. These individuals were the parents of Rodney and Demetra, who are dedicated to continuing their legacy of advocacy for education and healthcare. Inspired by their parents' commitment to advocating for others and having witnessed their struggles with educational and medical challenges, notably cancer, Rodney and Demetra founded this organization to address medical health, promote Science Technology Education and Mathematics (STEM) education, and support charitable agencies, individuals, and medical institutions in research while raising awareness of critical community needs such as education and poverty. The Foundation's core values are rooted in

EDUCATION, ADVOCACY AND DISEASE PREVENTION.

The Foundation's Board of Directors, comprising experienced executives, entrepreneurs, engineers, and medical professionals, oversees fundraising, prioritization of charitable causes, sponsorships, and donor contributions. The Board includes Dr. Rodney Reid, a retired physician with 30 years of medical experience, who is an active member of the Board of Trustees of the National Medical Association, member of the American Medical Association, and past president of the Palmetto Medical Dental & Pharmaceutical Association of Columbia, South Carolina



Dr. Rodney Reid, Rheumatology, Internal Medicine, Chairman
Mrs. Demetra Nelson Reid, Co-Chairman

He, along with his wife, Demetra, a retired operational vice president for Nuclear and Environmental engineering industries, serve as Chair and Co-Chair, respectively of the Board.

To date, the DREAMS Foundation has provided over \$15,000 in financial and physician advisory support for its causes, resulting in a 50% increase in revenue since inception. Both corporate and individual sponsorships have doubled while maintaining flat operational costs, allowing the Foundation to fund the 2025 Annual Golf Tournament without financial liabilities against assets. More importantly, our fundraising efforts combined with the support of our incredible sponsors, have allowed us to champion causes that enhance the health, wellness, and safety of our communities. Our platform efforts – disease prevention, education, and advocacy – help expand the possibilities for increasing holistic wellness for all populations within our communities. A few of our charitable pursuits are provided below. We have recently partnered with Richland County Public Education Partners to support their Leaping into Literacy program which “ensures that children and families in our communities have access to the resources, stories and joy that literacy brings,” according to Executive Director, Alana Grant. We support funding for babies who are safely surrendered to hospitals in Columbia under the South Carolina Safe Haven for Abandoned Babies Act.

Johns Hopkins Medical University
Gastrointestinal Disease / Cancer Research;
2026 WAKE FOREST RESEARCH CENTER

RICHLAND COUNTY
SCHOOLS PARENT
SUPPORT INITIATIVE;
ACADEMIC SCHOLARSHIP
AWARDS SUPPORT

COMMUNITY SERVICE
NEEDS/OUTREACH: COLOR ROSE'
BABY SAFE HAVEN
MEDICAL BOXES;
INSPIREHER STEM PROGRAM



Board Golf Tournament Chair (Boykin) and Chairman Reid,
Salute Gold Sponsor Michelle Bolden, Seven Sports Bar

Next quarter's issue will feature an extensive article on our INSPIREHER support program which teaches coding technology and international communications to young girls in our communities. We will expand our cancer research support from the Johns Hopkins programs by engaging with our contacts at Wake Forest School of Medicine and include the Maya Angelou Center for Health Equity.

We are proud of our financial acuity as demonstrated by:

- 501(c)(3) Non-Profit Organization
- Transparent Federal IRS and State Financial Charitable Reporting since incorporation
- Low overhead ratio (15.5%)

- Excellent Fundraising Efficiency Ratio (2.1 dollar gained for every dollar spent)
- 12-month cash reserves (cash on hand for all anticipated costs for the next year)
- Surplus Margin (12%) net income/total income
- \$0 Liabilities (no debt)
- Donations for Medical Research Programs Funded
- Donations given for Educational and Academic programming Funded
- Average year-over year donation growth of 10%

Third Annual Charity Golf Tournament 2025



Inaugural Charity Golf Tournament Trophy Winners

On June 28, 2025, the DREAMS Foundation will host its Third Annual Charity Golf Tournament at the Windemere Club in Blythewood, SC. This year's tournament will feature Leomont Evans, a local business owner, and former National Football League (Washington Redskins) and Clemson University football player, as the Honorary Chair.

Evans has successfully launched several companies including a marketing firm and a real estate investment company, showcasing his entrepreneurial spirit and business savvy. Beyond his business ventures, Evans is committed to philanthropy, actively supporting initiatives focused on education and community empowerment. He is currently the vice president of the NFL Players Association for the South Carolina Chapter.

Recurring and new sponsors for this year's tournament will be honored at a Dream Makers' reception hosted by Evans and the Beef 'O' Brady's Family Bar and Restaurant. Former Honorary Chairpersons include Pastor and businessman Rev. Dr. Chris Leevy Johnson of Brookland Baptist Church, Northeast Campus and Managing Director of Leevy's Funeral Home in Columbia, S.C.



Leomont Evans, Honorary Chair

Last year's Honorary Chairman, and Gold Sponsor, was Dr. Louis Lynn, President of ENVIRO AgScience, Inc. based in Columbia and a long term member of the Clemson University Board of Trustees.

Dream Makers' Forecast/Goals 2025-2026

The DREAMS Foundation will present its Academic Scholarship Award to its 2025 Recipient in the Fall. Qualified candidates completed the application process, submitted the required essay addressing the requisite (STEM) career selection, and attended an accredited university.



Dream Makers' Wall of Fame: Chic-Fil-A, Nelson Funeral Home, QC Kinetix, Titos, Seven, North Columbia Community Enrichment Foundation, Breakthru Beverages

The DREAMS scholarship chair is Janice Woodard Roberts, who is a retired senior vice president of operations for Cox Communications; former partner at Accenture; and former engineer at AT&T. She is a Clemson University engineering graduate with a master's degree in business administration and Columbia, S.C. past high school valedictorian. Learn more about her and the Board members in next quarter's newsletter!

The September issue of our newsletter will feature a recap on the Golf Tournament winners, scholarship updates, as well as highlights of the educational and research contributions made by the DREAMS Foundation across the Carolinas in Richland and Greenville counties.

In Summer 2026, the Foundation will host its first Community Health Symposium focusing on Disease Prevention and Health

Care Navigation. The Foundation will collaborate with local health care providers to address health and wellness and disparity prevention in South Carolina. Our symposium will feature on-site health and dental screening; consultations with medical professionals; panel discussions and question and answer sessions; resource distribution; nutrition guidance and dietary discussions, as well as provide free healthy food selections and beverages. Mental health awareness and geriatrics will be key components of discussions.



Benedict College Golf Players 2024 Trophy Winners with Chairman Reid

Message From the Doc: Heart Disease Rodney Reid, MD

According to the Center of Disease Control (CDC), heart disease is the leading cause of death in the United States for most racial and ethnic groups. Coronary artery disease is the most common type of heart disease; and it leads to heart attacks. The CDC estimates someone in the U.S. has a heart attack approximately every 40 seconds. Some of the major risk factors of coronary artery disease include diabetes, hypertension (high blood pressure), high cholesterol, smoking, and family history. Patients need to see a primary care physician at least once a year to monitor and treat these risk factors. Patients should also seek medical care immediately for symptoms of a heart attack.

Heart Attack Warning Symptoms:

- Chest Discomfort
- Upper Body Discomfort (arms, back, neck and jaw)
- Shortness of Breath
- Cold Sweat
- Rapid/Irregular Heartbeat
- Lightheadedness
- Fatigue

Patients may have one or more of these symptoms. Call 911 and seek immediate medical evaluation. There are medical protocols for treatment in the emergency room. Minutes are crucial to improving your recovery.